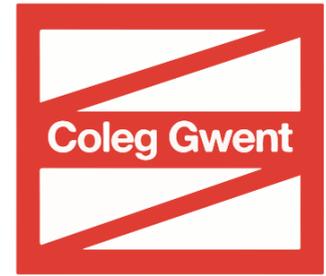




LOcHER
Learning Occupational Health
by Experiencing Risks



Poster design: CLARK DIXON, JORDAN
CLAYDEN, JOE COLLIER, LUKE KNIGHT &
THOMAS EVANS



WELDING FUMES CAN AFFECT YOUR HEALTH

- ❖ **Restricted Airways**
- ❖ **Asthma**
- ❖ **Pneumonia**
- ❖ **Lung Cancer**

Always Control Your Exposure

Examples of Control Measures

- ✓ **Reduce arcing time**
- ✓ **Use gun with on-tool extraction**
- ✓ **Keep head out of the plume**
- ✓ **Minimise work in restricted spaces and voids**
- ✓ **Use a turn table, where practical**
- ✓ **Use extraction LEV**
- ✓ **Keep the welding point close to extraction hood**
- ✓ **Work in open area with good natural ventilation**
- ✓ **Wear right type RPE, correctly**

Ask your supervisor for more help

Safety Groups UK
PROMOTING HEALTH & SAFETY NATIONWIDE



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